

DINNER ENTREES

All dinner entrees include small dinner salad or soup, bread & butter

Pot Roast - with mashed potatoes & vegetables	\$15.95
New York Strip - with a shitaki mushroom sauce, potato of the day & seasonal vegetables	20.95
Broiled Pork Chops - with applesauce, potato of the day & seasonal vegetables	16.95
Chopped Steak - with mashed potatoes & vegetables	13.95
Ribeye - with mashed potatoes & vegetables	17.95
Stuffed Peppers or Stuffed Cabbage	13.95
Texas Baby Back Ribs - slow roasted & grilled with our honey smoked barbecue glaze served with french fries	20.95
Chicken Marsala - chicken breast sauteed in a marsala wine sauce, served over rice with seasonal vegetables	15.95
Chicken Francaise - sauteed egg battered chicken breast with lemon in a butter sauce	15.95
Lemon Chicken - with mashed potatoes & vegetables	14.95
Grilled Chicken - with broccoli & rice	13.95
Grilled Salmon - in a pesto cream sauce with rice & seasonal vegetables	15.95
Crab Cake - with mashed potatoes or coleslaw	16.95
London Style Fish & Chips - with house made cole slaw & french fries	16.95
Blackened Swordfish - with red roasted peppers & artichoke hearts, served with rice & vegetables	17.95

FOR THE PASTA LOVERS

All pasta entrees include small dinner salad or soup, bread & butter
Choice of spaghetti, linguine, or penne

Shrimp & Scallops Alfredo	\$17.95
Pasta Primavera - sauteed garden vegetables, served over penne pasta	13.95
Bowtie Chicken - diced chicken, roasted peppers & artichoke hearts, in a white wine sauce over bowtie pasta	15.95
Penne Ala Vodka - with grilled chicken, prosciutto, tomatoes, wild mushrooms & onions sauteed in a tomato parmesan cream sauce	15.95
Fettuccini Alfredo - with grilled chicken & broccoli	14.95
Chicken Scarparello - a mix of sweet & hot peppers, rosemary & tomato finished with a balsamic glaze over rigatoni pasta	15.95
Linguine Fra Diavolo - with gulf shrimp, calamari & scallops	17.95
Old World Style Eggplant Parmesan - over linguine pasta	14.95
Chicken Parmesan - over linguine pasta	14.95
Veal Parmesan - over linguine pasta	17.95

Chicken Ala Pana
diced chicken, green peas & mushrooms, in a white wine cream sauce with penne pasta
\$15.95

KID'S MENU

Chicken Fingers - with french fries	\$5.95
Hamburgers - with french fries	5.00
Cheeseburger - with french fries	5.25
Grilled Cheese - with french fries	5.25
Tuna Sandwich - with french fries	5.25
Peanut Butter & Jelly	4.75
Ravioli	6.00
Spaghetti & Meatball	5.00
Happy Face Pancake ☺	4.25
Hot Dog - with french fries	4.75
Mac/Cheese	6.00

DESSERTS

Reese's Peanut Butter Pie
\$5.00

New York Style Cheese Cake or Chocolate Mousse Cake	\$5.00
Assorted Pies	3.50
ala mode	5.00
Rice, Chocolate or Tapioca Pudding	3.00
Jello	2.50
Ice Cream Sundaes - strawberry or hot fudge	4.50
Banana Split	5.25
Ice Cream Cup	
Single scoop	2.50
Double scoop	4.25
Milk Shake	4.25
Nadeem's Banana Milkshake	4.95
Ice Cream Soda	3.95
Ice Cream	2.50

BEVERAGES

Coffee/Tea	1.25	Hot Chocolate	\$1.50
Milk	1.75	Chocolate Milk	2.50
Soft Drinks	1.50	Poland Spring Water	1.50
Juices: Orange, Apple, Cranberry, Grapefruit, Tomato or V8		Small	1.50
Large	2.50	Snapple	2.00
Beer			
Budweiser	\$4.25	Coors Lite	\$4.25
Heineken	5.00	Amstel Lite	5.00
Corona	5.00	O'Doul's (non-alcoholic)	4.25
Wine			
Chardonnay	\$5.00	Pinot Grigio	\$5.00
Cabernet Sauvignon	5.00	Merlot	5.00
White Zinfandel	5.00	Chianti	5.00

PARKWAY Lushe's DINER Parkway Restaurant and Diner

1066 High Ridge Road
Stamford, Connecticut 06905
(203) 321-8606

RESTAURANT

John's Favorite Omelette
asparagus, tomatoes,
mushrooms & swiss
\$8.95

Robert's California Omelette
bacon, swiss,
avocado & tomatoes
\$8.95

Rick's Omelette
bacon, portabella,
tomatoes & swiss
\$8.95

Phil's Bruchetta Omelette
basil, chopped tomatoes,
onions & mozzarella cheese
\$8.95

Mitch's Eggwhite Omelette
mushrooms, spinach, peppers,
onions, & tomatoes
\$8.95

BREAKFAST SPECIALS

Lushe's Parkway Special - 2 eggs any style with bacon, ham or sausage, choice of one piece of french toast or one pancake served with home fries	\$6.50
Corned Beef Hash & Eggs - corned beef hash, 2 eggs any style & home fries	7.95
Eggs Benedict - canadian bacon, 2 poached eggs, hollandaise sauce on an english muffin with home fries	7.95
Steak & Eggs - grilled sirloin, 2 eggs any style with home fries & toast	11.95
Ham Steak - 2 eggs any style with home fries & toast	9.95
Smoked Salmon & Bagel - with cream cheese, lettuce, tomato & onion	8.95
Breakfast Burrito - 2 scrambled eggs, onions, peppers & cheddar jack cheese rolled into a tortilla & home fries	7.95

BREAKFAST

Served with home fries & toast



Farm Fresh Eggs

One egg any style.....	\$2.75
Two eggs any style.....	3.25
Three eggs any style.....	3.75
Bacon, ham or sausage ..add	2.00
Canadian style bacon.....add	2.50
Turkey sausage.....add	2.50

Egg Sandwiches

Egg - on a hard roll	\$2.25
w/cheese	2.75
w/bacon, sausage or ham.....	3.25
w/cheese, bacon, sausage	
or ham.....	3.50
Western.....	3.95

Omelette Feast

International Omelettes	\$7.00
Western - ham, peppers & onions	
Greek - spinach & feta cheese	
Italian - sausage, peppers & mozzarella cheese	
Build Your Own Omelette (with one item).....	5.25
Each additional item75
bacon sausage ham mushrooms onions	
salsa cheese peppers tomatoes spinach	
Egg whites or Egg Beaters add	\$1.00

Champion Buttermilk Pancakes

David's Harvest
Multigrain Nut Pancakes
\$8.95

Charlotte's Pancakes
our crepe like pancakes topped
with fresh fruit
\$9.95

Large Stack Buttermilk.....	\$4.75	short stack	\$4.00
Blueberry Pancakes	6.50	short stack	5.75
Chocolate Chip	6.25	short stack	5.50
Banana.....	6.00	short stack	5.25
Silver Dollar.....	5.00		
Bacon, ham or sausage.....add	2.00		
Canadian bacon.....add	2.50		

Waffles

Belgian.....	\$4.95
Blueberry.....	7.95
Chocolate Chip.....	6.50
Banana.....	5.50
Banana Brown Sugar.....	6.95
Bacon, ham or sausage.....add	2.00

French Toast

French Toast.....	\$5.00
short stack	4.25
Blueberry	7.95
Cinnamon Raisin	6.95

Sides

House Made Doughnut	\$5.50
Bagels - with butter	1.75
with cream cheese	2.75
Assorted Muffins - blueberry,	
corn, or honey bran	2.25
Toast - rye, wheat or white ..	1.25
Hard Roll	1.25
English Muffin.....	1.50
Pita Bread	1.50
Assorted Cold Cereals	2.50
with banana	3.50
Oats	3.25
w/warm cinnamon apples ..	4.95
Fresh Fruit Bowl	5.95
"The Boat" - cottage cheese &	
fruit	\$5.95
Lo-Fat Yogurt Special - sliced	
strawberries & bananas topped	
with blanched almonds & pure	
honey	5.95
Banana Brown Sugar Oatmeal	4.95
Bacon, Ham or Sausage	2.25
Canadian Bacon	2.75
Ham Steak	4.95
Corn Beef Hash.....	5.00
House Fried Potatoes	3.00
French Fries	3.75

Pure Maple Syrup - available for \$1.00 extra

SOUP DU JOUR

Chicken Soup of the Day

Cup	\$2.75	Bowl	\$3.50
Matzoh			
Cup	3.25		
French Onion			
Served in a crock	4.50		



Special Soup of the Day
\$1.00 extra

APPETIZERS

Nachos	9.95
Parkway's Famous Chili - house made chili topped with	
cheddar & jack cheese served in a crock	\$4.95
Chicken Quesadilla - with cheddar, tomatoes, peppers,	
onions, salsa & sour cream	9.95
Fried Calamari - with a tomato dipping sauce	8.95
Fire Cracker Chicken Wings - with a hot & tangy barbeque	
sauce, celery sticks & bleu cheese dip	6.95
Fried Mozzarella Sticks - with a tomato dipping sauce.....	6.95
Chicken Fingers - with a honey mustard dipping sauce.....	6.95
Cheese Fries	5.50
Chili Cheese French Fries	6.00
Onion Rings	4.50
Sweet Potato French Fries	4.95

SALADS

***** Five Star Salad *****
Grilled Salmon over organic salad with
chopped walnuts, dried cranberries, crumbled
gorgonzola with Lo-Fat Raspberry dressing
\$15.95

House Salad.....	\$4.00	With grilled chicken	\$8.95
Caesar Salad.....			6.95
Caesar with Grilled Chicken			9.95
Greek Salad - calamatta olives, pepperoncini, feta cheese,			
anchovies, tomatoes & grape leaves.....			8.95
Turkey Cobb Salad - bacon, tomatoes, avocado, gorgonzola			
cheese over mixed greens with choice of dressing			9.95
China Town Express - teriyaki chicken breast, mandarin oranges,			
sliced almonds & tortilla chips over mixed greens with a			
sesame ginger vinaigrette			9.95
Spinach Salad - spinach leaves with mushrooms, tomatoes,			
bacon & gorgonzola cheese with a balsamic vinaigrette			8.95
Chicken Fajita Salad - juiliene sliced chicken with olives,			
shredded cheddar jack cheese, tomatoes, peppers & tortilla			
chips with bleu cheese dressing			9.95
Low Cal Platter - jello, cottage cheese & seasonal fruit over			
mixed greens.....			8.95
Tuna Salad Platter - chunk white tuna salad with house made			
cole slaw & potato salad			9.95
Grilled Shrimp & Calamari - over organic salad with balsamic			
vinaigrette or Lo-Fat Raspberry Vinaigrette dressing			13.95
Waldorf Salad - chunks of white meat chicken salad mixed			
with chopped walnuts & apples served in a half pineapple			12.95
Rick D'Avino - chicken salad served in half cantaloupe.....			9.95
Chef Salad			11.95

Plate Sharing - \$1.00 extra

BURGERS

Burgers are 1/2 pound ground sirloin served with lettuce, tomato, pickle & french fries

Parkway Burger - sauteed onions, mushrooms & swiss cheese	\$7.95
Traditional Burger	6.50
with choice of american, cheddar, swiss or gorgonzola	7.50
Veggie Burger	6.50
Turkey Burger	6.95
Turkey Burger Patty Melt	8.95
Patty Melt - mushrooms, swiss cheese & onions on grilled rye.....	7.95

SANDWICHES

Cold Sandwiches - on white, rye, or whole wheat - add tomato .75			
Roast Beef	\$5.95	Egg Salad	\$5.00
Turkey	5.95	Tuna Salad	5.95
Ham & Cheese	5.95	Chicken Salad	5.95
Classic BLT	4.75		

Hot Sandwiches - served with french fries

Jennifer's Creation - smoked turkey, apples, brie cheese on multigrain	
bread, w/salad	\$10.95
Reuben - thin sliced corn beef with imported swiss, kraut &	
russian dressing on country rye	8.95
California Grilled Chicken - swiss cheese, avocado & bacon	
drizzled with ranch dressing on rye	8.95
Supermelt - barbeque chicken breast with cheddar cheese &	
tomato on rye	8.95
Chicken or Pork Souvlaki - on pita served with a small greek salad ..	10.95
Beef Gyro - on pita served with a small greek salad	10.95
Tuna Melt - chunk white tuna with melted american cheese	
on rye bread	8.95
BB-Q Shredded Pork - on a hard roll	9.95
Grilled Chicken Deluxe - with lettuce, tomatoes, swiss cheese	
& honey mustard on a hard roll	9.95
Hot Open Face Turkey or Roast Beef	11.95

CLUB Sandwiches - served with lettuce, tomato, bacon, mayonnaise & french fries

Choice of: Roast Beef, Turkey, Ham, Chicken Salad or Tuna Salad ..\$9.95

Wedges - served with french fries

Philly Cheese Steak - shredded beef with melted american	
cheese & sauteed onions.....	\$9.95
Chicken Parmigiana - chicken breast with melted mozzarella	
& marinara sauce	9.95
Eggplant Parmigiana	9.95
Meatball Parmigiana	8.95
Veal Parmigiana	10.95
Joannie & Jan's Boneless BB-Q Pork - with sauteed peppers	
and cheese	9.95

Wraps - served with french fries

Roast Beef Wrap - with lettuce, tomato & herb dressing.....	\$9.95
Grilled Chicken Wrap - with avocado, lettuce, tomato	
& herb dressing	9.95
Mike's Grilled Chicken Caesar Wrap	9.95
Chicken or Tuna Salad Wrap.....	9.95
Mexican Wrap - grilled chicken, lettuce, tomato, salsa & jack cheddar.....	9.95
Crunchy Wrap - grilled chicken, melted mozzarella, dried cranberries,	
blanched almonds & herb dressing	10.95
Veggie Burger Wrap - portabella mushroom, chopped tomatoes,	
mozzarella & herb dressing, served with sweet potato french fries	10.95